

2INgage Rehabilitation Skills Training programs are...

- **Family Driven**
- **Evidence-based**
- **Community-based**

Our Targeted Case Managers (TCMs) respond 48 hours after receiving your referral form. The TCMs will then schedule an assessment with your family and child. These assessments find your child's strengths and needs using nationally recognized tools. TCMs provide rehabilitation skills training and services within a wraparound setting, a planning process that values the engagement of the child and their family in a manner that shifts from problem focused views of issues to building on individual strengths to improve family and child well being. Our goal is to provide healthy coping strategies to create maximum emotional resiliency.



Empowering Children & Families

Our commitment to excellence depends on the growth and success of your family. Simply put, we know your children deserve the best support.

As life happens, childhood trauma can occur and is due to no fault of their own. The result of this is the developmental of dysfunctional behaviors. Children and adolescents exposed to physical, emotional, sexual abuse and/or neglect develop negative coping strategies inhibiting them from achieving their full potential.

A child's healing and successful living are dependent on his/her resiliency and healthy coping skills.

Eligibility for Assessment & Services

1. Your child must be at least 3 years old.
2. Your child must have a mental health diagnosis.

If you are struggling finding access to the right services in managing behavioral health conditions...

Fill out the referral form at 2INGage.org/documents

OR

**Contact us:
325-400-7240
800-504-7240**



REHABILITATION & WELLNESS SKILLS TRAINING SERVICES

INspire. INform. INgage.

In the Service of Strengthening Families.

There are many times in a child's life that are very stressful to the point that everyday life can become very difficult. Your family might be in need of our services if you have a child engaging in behaviors such as:

- Difficulty following directions
- Temper
- Irritability
- Refusal to follow rules
- Easily annoyed
- Anxiety
- Hostility
- Aggressive bullying behaviors
- Anger problems
- Lack of focus
- Depressed or moody
- Hyperactivity
- Frequent tantrums
- Mental health diagnosis
- Hygiene problems
- Not listening to authority
- School issues, i.e. detention
- Struggling between home and school transitions
- Fights with peers and/or adults
- Academically behind in school because of behavior
- Needs transitional living skills
- Is not adjusting well to adoptive home
- Family conflict
- Emotional dysregulation
- Other issues not mentioned above.

How can we help?

We use evidence-based and reputable tools. Working together, we assess your child's strengths and needs. We'll develop a personalized plan that ranges from one hour to several hours per week, based on the results of your child's assessment.

Why 2INgage?

1. Easily Accessible
2. Based on Determinants of Health
3. Population Needs Based
4. Accountable and Efficient
5. Interpersonal
6. Integrated
7. Coordinated
8. Grounded in Community, Development, & Belonging
9. Anti-Oppressive & Culturally Sensitive
10. Offers Hope & Empowerment to Children & Families

Rehabilitation Skills Training is...

- **Strengths-Based**
- **Culturally Sensitive**
- **Individualized**
- **Evidenced-Based**
- **Family Driven**
- **Community-Based**
- **Child-Centered**
- **Additional Support in the Home & School.**



2INgage Rehabilitation Skills Training (RST) is a child-centered, family-driven, and community-based program. The focus is teaching skills that increase functionality in the child's home and school. RST increases the child's skills, improves functionality, and develops natural supports. The training teaches life skills and practicing those skills in real life situations. These skills help them become more independent. RST is not conducted in an office, but the child's home, school or elsewhere in the community.